

LOOK N LEARN

Vol No. 13 • Issue No. 08 • Mumbai • September 2021 • Price : Rs 5/- (Multilingual Monthly)

Smile



मानवता का एक हाथ,
परमात्मा रहे सदा साथ!

Giving

Humanitarian
Day



CHARITY



Compassion

Care

मानवता महोत्सव



जन्मदिन...

यह सुनते ही हम सभी के मनमें सेलिब्रेशन और एक्साइटमेंट हो जाती है।

26th September को हमारे परम गुरुदेवश्री का 51st जन्मदिन है। हम ऐसे कुछ सत्कार्य करे जिसमें हमारे परम गुरुदेव श्री की मूर्त पर प्रसन्नता और बढ जाए!

आओ, इस पावन दिवसपर मानवता व जीवदया के कार्यों से हम भी प्रभुमय व गुरुमय बन जाए।



गुरु जैसे बन जाए,
गुरु के हो जाए!



51st जन्मदिन
26th September





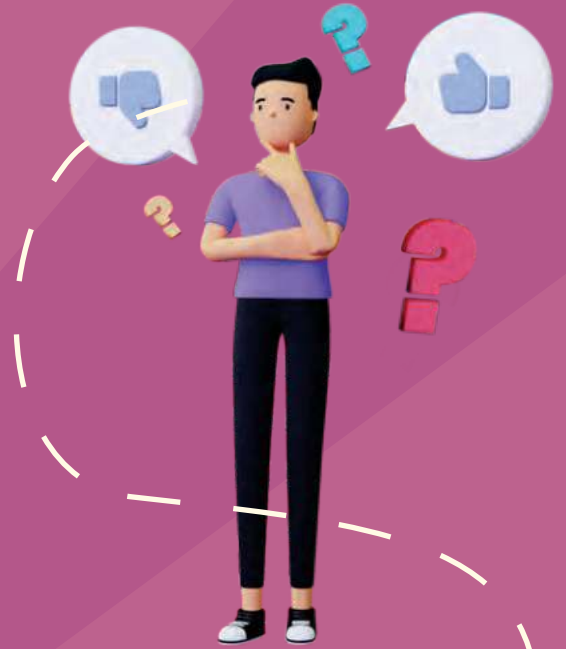
कौन है वो?

हसुँ तो वह हसते हैं,
धारसों में वह बसते हैं,
ज्ञान की ज्योत...
हम में जगाते हैं!



कौन है वो?

गिरुँ तो हाथ थाँमते है,
एकलता में साथ देते है,
प्रतिकुलता में वो....
संगाथ देते है!



कौन है वो?

असमाधि में हाश देते हैं,
निराशामें मुझे आशा देते हैं,
पलपल जीवन में...
विधारस देते हैं!



कौन है वो?

मेरे तारणहार है,
मुझे प्राणों से भी प्यारे है,
असीम कृपा...
बरसाने वाले है!

कौन है वो?

मेरे आत्म उद्धारक है,
मोक्ष के पथदर्शनक है!



वह तो है कल्पवृक्ष समान... हमारे परम गुरुदेवश्री
में भी बनूं सहकर्मिता का साधक
में भी बनूं परमात्मा का आराधक



आओ आज ऐसा संकल्प करे,
मानवता और जीवदया के सहकार्य करे...
यही अनोखी भेट,

परम गुरुदेवश्री के चरणों में धरे...



YES!

The art of Living and art of Leaving -ABC

NO!

Activity: For eg. If your name is **Sita**, try to imbibe **Virtues** of letters that your name has like **S**, **I**, **T**, and **A** has. That means **keep Smiling**, **follow Iriyasamiti**, **speak Truth** and **follow Ahimsa**. Also remove **vices** like **Saddness**, **Irresponsibility**, **Theft** and **Anger** from your life. This would be your best gift to...

Param Gurudev on this Manavta Mohatsav.



स्वीकार करे

त्याग करे



YES!

The art of Living and art of Leaving

NO



Forgive & forget



ARF - ARF
WOOF - WOOF
WOOF - WOOF
ARF - ARF

Fear



Gratitude



Grief



Humbleness



Hatred



**Iriya samiti
(be careful while walking)**



**Inactive,
Irritable,
Irresponsible**



**Jai
Jinendra**



Jealousy



Kindness



**Knave
(dishonesty)**



Loyalty

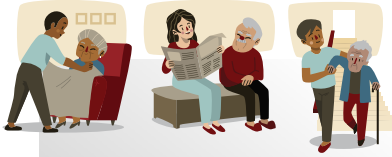


Lie

YES!

The art of Living and art of Leaving

NO



Modesty



Misunderstanding



Nobleness



Negativity



Omniscient



Obsessive



**Prayschit
(accept mistakes)**



Panic



Shhhhh

Quite



Quarrel



Respect



Rudeness



Smile



Sadness

YES!

The art of Living and art of Leaving

NO



Truth



Theft



Understanding



Unhappiness



Vandana



Violence



Worship



Worries



**Xenial
(hospitable)**



**Xenophobic
(showing
dislike)**



Yatra



Yell



**Zaanenam
(concentrating
on auspicious
meditation)**



to break



**Zapped
(to destroy)**

Inspired by Rashtrasant Param Gurudev Shree Namramuni Maharaj saheb

Look n learn children's

Jain E-book

COMING
SOON



For more details keep reading Look N Learn Magazine

A Message from the Editor

PLEASE NOTE

Hence forth...

Look N Learn Magazine
will be published only on
10th of every month



September 2021



LOOK N LEARN

मानवता महोत्सव के पावन अवसर पर श्रेष्ठ व्यक्ति के श्रेष्ठ गुण को ग्रहण करें।
सत्कार्यों से आत्मा को पावन एवम् निर्मल बनाएं।

करुणा

Compassion

करुणा भगवान महावीर जैसी

Compassion like that of Parmatma Mahavir



परमात्मा को एक रात्री में २० प्रकार के उपसर्ग देनेवाले संगम देव के प्रति परमात्मा को अत्यंत करुणा प्रगट हुई और परमात्मा के नयनों से अश्रुओं की धारा बहने लगी, की इस जीव कि सद्गति कब होगी? इस आत्मा की कर्मों से मुक्ति कब होगी?

हे प्रभु! ऐसी करुणाभाव सभी जीवों के प्रति हमारे अंदर भी प्रगट हो ऐसी शुभ भावना।

A Dev named Sangam had attacked Parmatma Mahaveer 20 times with various adversities during one night to distract him from his meditation. Though the dev gave immense pain to Parmatma, yet Parmatma's heart had compassion for the dev.

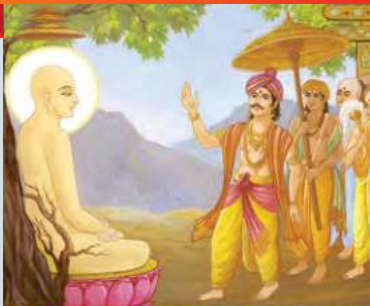
May Parmatma bestow such compassion in our heart.

विनय

Vinay

विनय गौतम स्वामी जैसा..

Reverence (Vinay) like that of Gautam Swami



पाँचसो शिष्यो के गुरु और प्रखर पंडित... किंतु प्रभु को चरण शरण में आए और शून्य बन गए और प्रभु का अगाध ज्ञान गौतम स्वामी को साढे बारह सेकंड में प्राप्त हो गया।

हे प्रभु... ऐसा विनयभाव हमारे अंदर भी प्रगट हो ऐसी शुभ भावना

A great scholar and guru of 500 disciples, Gautam Swami had utmost reverence for Parmatma Mahaveer. Due to his vinay bhaav, the knowledge that Parmatma took 12½ years to acquire was transferred to Gautam Swami in just 12½ second.

May Parmatma grace us with such Vinay Bhaav

On the auspicious occasion of Manavta Mahotsav, let's embrace the finest qualities of great personalities. Let's purify our soul with good deeds.

प्रेरणा ब्राह्मी सुंदरी जैसी

Inspiration like that of Brahmi and Sundri

अहंकार के हाथी से नीचे उतरो वीरा... ऐसी प्रेरणा ब्राह्मी सुंदरीने बाहुबली को कि.. और उनकी एक प्रेरणा केवलज्ञान व केवलदर्शन की निमित्त बन गई।

हे प्रभु! अन्य के जीवन में हम भी किसी के प्रेरक बन सके ऐसी शुभ भावना।

Both sisters Brahmi and Sundri inspired their brother Bahubali and played a vital role in guiding him to let go his ego. Bahubali at the very moment attended Kevalgnan and Kevaldarshan.

May Parmatma bless us so we can be inspiration for others

प्रेरणा

Inspiration



सुपात्रदान श्रेयांसकुमार जैसा

Supatradaan like that done by ShreyanshKumar

श्रेयांसकुमारने श्री ऋषभदेव परमात्मा को १३ महिने के उपवास के पारणे में इक्षुरस बहाराया ओर वह सुपात्रदानी कहलाये...

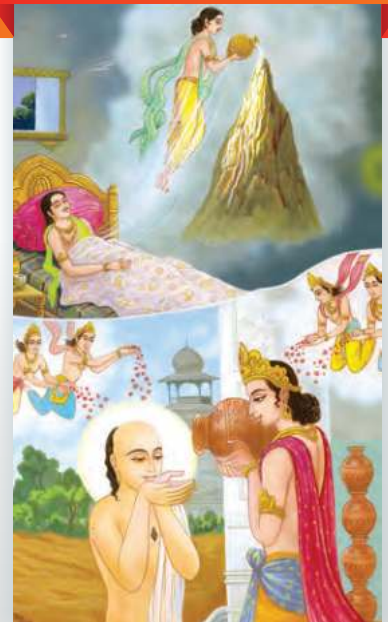
हे प्रभु! हमें भी सुपात्रदान का शुभ अवसर प्राप्त हो ऐसी शुभ भावना।

Parmatma Rushabhdev's rigorous fast of 13 months was broken when Shreyanshkumar offered 108 pots of sugarcane juice (Supatradaan)

May Parmatma give us many occasions when we can do auspicious act of Supatradaan

सुपात्रदान

Supatradaan

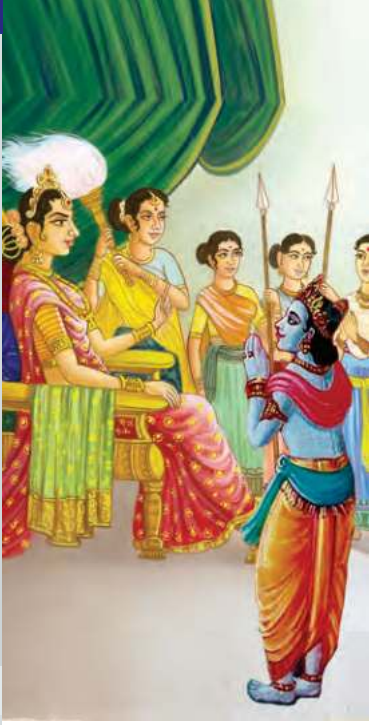


मातृभक्ति

Devotion

मातृभक्ति कृष्ण महाराज जैसी...

Devotion towards parents like that of Krishna Maharaja



श्री कृष्ण महाराज जैसे महापुरुष सबसे पहले अपनी माता के चरण स्पर्श कर वंदना करते थे।

हे प्रभु ! ऐसी मातृभक्ति हमारे अंदर भी प्रगट हो ऐसी शुभ भावना।

In spite of being a King, Krishna Maharaja everyday would first go to his mother, touch her feet and seek blessings from her.

May Parmatma bless us with such devotion for mother

डिवाईन लव

Divine Love

डिवाईन लव चंदनबाला जैसा

Divinity like that of Chandanbala



प्रभु की आँखों से बहती वात्सल्य और स्नेह की अविरत धारा, चंदनबाला की बेडीयों को तोड़ा और चंदनबाला को संसार सागर से तारा...

हे प्रभु! हम भी देव गुरु धर्म के प्रति अतुट श्रद्धा कर सके ऐसी शुभ भावना।

The continuous stream of Compassion flowing through the eyes of Parmatma Mahavir, broke the karma chain of Chandanbala freeing her from the ocean of delusion

Hey Parmatma! bless us such that we too have immense faith in Dev Guru and Dharma.

सहनशीलता गजसुकुमाल जैसी Tolerance like that of Gajsukumal Muni

गजसुकुमाल के सिर पर अंगारे जल रहे थे अंदर से कर्म!
वे समभावी बने और वेदना को सहन कर मोक्षगामी बने।

हे प्रभु! हम भी सहनशीलता के गुण को प्रगट कर सके ऐसी
शुभ भावना।

Gajsukumal muni bared the adversity with calmness when burning coal pieces were put on his head while he was in meditation. This tolerance of acute pain got him a place in Moksh.

May Paramatma, bless us with the quality of tolerance

सहनशीलता

Tolerance



सम्यक् द्रष्टि सुलसा श्राविका जैसी Right Vision like that of SalsaShravika

एक दिन देव ने सुलसा श्राविका की परमात्मा भक्ति की कसौटी की पर सुलसाने परमात्मा के प्रति अपने भावों की अभिव्यक्ति दर्शायी।

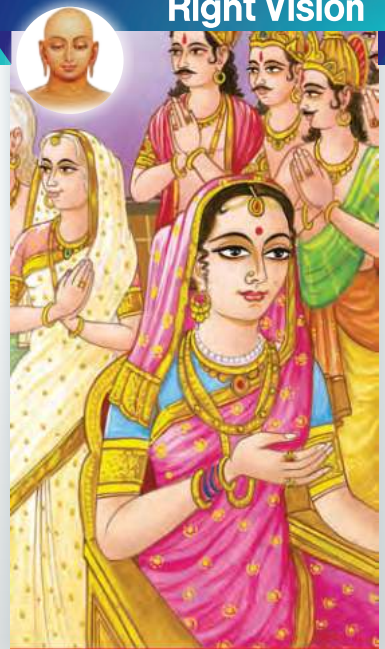
हे प्रभु! हमारे अंदर भी प्रभु भक्ति और श्रद्धा प्रगट हो ऐसी
शुभ भावना।

A devlok deity tried to test Salsa Shravika's faith in Parmatma Mahaveer but she remained firm in her belief for Parmatma.

May Parmatma bless us with such right vision and strong faith

सम्यक् द्रष्टि

Right Vision



अनुकंपा

Compassion

अनुकंपा मेघकुमार जैसा...

Kindness like that of MeghKumar



हाथी के जीवन, एख खरगोश को जंगल में लगी आग से बचाने अपने पैरों तले आसरा देकर अभयदान किया और उच्च गोत्र कर्म बंध किया।

हे प्रभु! हम भी सभी जीवों के प्रति अनुकंपा भाव रख सके ऐसी शुभ भावना।

MeghKumar, in his previous birth as an elephant sacrificed his own life to save the life of a small rabbit from being crushed under his foot.

May Parmatma bless me with kindness for all living beings

वैराग्य

Detachment

वैराग्य भरत चक्रवर्ती जैसा...

Renunciation like that of Bharat Chakravarty



अरिसाभवन में एक दिन उँगली से अंगुठी क्या उतरी... संसार से मोह उतर गया... और भरत चक्रवर्ती को वैराग्य जागृत हो गया...

हे प्रभु! हमारे अंदर भी ऐसा वैराग्यभाव जागृत हो ऐसी शुभ भावना।

The ugliness of the finger as seen in mirror when a ring slipped out accidentally, brought about complete detachment of materialistic life and Bharat Chakravarty renounced the world.

May Parmatma bless us to detach from materialistic things



START

19

20

21

22

Anger
23

Ego
25

26

18

16
Seva

15

14

13

12

2

3

4

Truth
5

6

7

8

9

Greed
10

11

Good deeds lead you to Moksh,
So do as many as you can

Children, would you like to be ordinary or extra ordinary child when you grow up?

Let us read the story of two girls named Heli and Hiya who are equally clever but what makes Hiya better than Heli?



Heli has finished her studies and received her degree.



On the other hand, Hiya too has finished her studies. But along with the degree she has been announced as **'THE STUDENT OF THE YEAR'**



How did Hiya achieve this? Do you want to know? Let's understand this from the incidences of their life.

Heli and Hiya are of same age and both studied in good schools.

Along with her school studies, Hiya also went to Look N Learn Jain Gyan Dham where she learnt good values of life along with study of Jainism.

Incident 1: The art of Giving

When Heli goes to mall, she always demands things for herself.

When Hiya goes to mall, she takes only necessary things and that to she would buy two. One for herself and one to donate to someone needy.



Didi at Look n Learn has taught the virtue of sharing and the happiness derived from helping others.

Incident 2: The art of Kindness

When Heli goes to restaurant, she throws attitude and speaks rudely with the waiter if the food takes longer time to get served.

When Hiya goes to restaurant, she would be always polite and would never forget to say “Thank you” to waiter uncle.

Didi at Look n Learn has taught how to speak politely with all and the three golden words of 'Thank you', 'Sorry' and 'Please'.



Incident 3: The art of Helping

Heli is self centered and would not help her classmates.

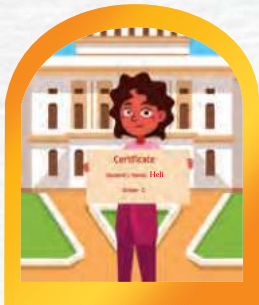
Hiya would always help her weak classmates and help them cope up with studies.

I am
the best



Didi at Look n Learn has told about the benefits of sharing knowledge and Gurudev has always said when you make others understand, you yourself will get more clarity on the topic.

संस्कारों से संतोष



Heli and Hiya are equally clever but Hiya has learnt and implemented moral values of sharing, of being polite, of not comparing, of showing gratitude and many more at **Look n Learn**.

So, in life its not only studies but also our behaviour and attitude towards people and situation which is equally important.

At **Look n Learn**, didis acquire good values from Param Gurudev Shree which they pass on to kids. So Hiya is connected with Param Gurudev Shree by joining **Look n Learn**. Above incidences clearly tells us the importance of having a Guru in our lives.



Solve this Puzzle...



What do you want to be?

To get to the answer, first(x) all your bad deeds.
Then make a sentence from the remaining boxes.

You will get your answer...!!



Write the sentence you get :



Inspired by Rashtrasant Param Gurudev Shree Namramuni Maharaj Saheb



Look N Learn Jain Gyan Dham

Globally 98 Branches

ONLINE VIRTUAL LOOK N LEARN CLASSES

Zoom Live, Google Meet and on Youtube

Channel running successfully

With a concept of imbining values of humanity in all children - Jain/Ajain,
 with the inspiration of Param Gurudev starts...

HOME LOOK N LEARN CLASSES

With Personal Attention



8 years up

Once in a week

30 Minutes

Keeping in mind
 the current situatuion
 Look n Learn Home
 set up is done by
 trained didis with
 Only 5 Children per class

: CONTACT :

+91 9920109073

+91 9819553077