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KARMADAN
Y
TO





Didi : Dear kids, You all are in your teens now, have you all decided about your future?

Kids : Yes Didi!

Rohan : I want to become a Doctor!

Karan : I want to become an Engineer!

Jhanvi : Didi, I want to become a Teacher!

Didi : Oh! Very good kids, that means you all are set to go ahead in your future. But, have you set a goal to reach your destination? Are you dedicated towards your goal? Your hard work and dedication is very necessary for achieving your goal.

Rohan : Yes Didi, with Gurukrupa, we all will work hard to achieve our goal.

Didi : Ok... Let me also help you all to choose your career so that you

will be more alert and your career does not lead you towards binding bad karmas.

Karan : Didi, how can our career lead us towards binding bad karmas? Isn't it necessary to earn for livelihood?

Didi : Karan, I appreciate your question. Yes, it is important to earn for livelihood. But, it is inhuman to hurt or kill other living beings for the purpose of living.

Kids : No Didi not at all.

Didi : Our Parmatma Mahavir Swami was very compassionate. He has blessed us with the most essential career guidance. He has explained how a Shrivak should spend his life, what should he do or what careers and business he shouldn't do. All of these has been explained by our Parmatma in Aagams.

Karan : Didi, can you please tell us what types of business has Bhagwan advised us not to do? And why does he say so?

Didi : Yes Kids! There are 15 types of such business that are forbidden. They are called Karmadaan. Karmadaan are those business which involve a very high degree of Violence. "A true Shrivak", never indulges in these occupations. He does not even buy shares of such companies nor does he invest his money in industries which support these types of business. These Karmadaan are a direct way to bad Karmas. So kids, we should be alert and **Say No To Karmadaan**. Let's learn these in detail.

Ingalkamme

01



Didi : So kids, very first Karmadaan is Ingalkamme. Ingalkamme means we should avoid all occupations which involve the use of fire in abundance. Fire itself is life. Moreover, when we light fire, innumerable living beings get attracted to the bright light and thus die in it. Occupations like those of an iron smith, potter, ceramic manufacturing, cement factory, diesel & petrol pump, metal factory, firecracker factory, etc can lead to this Karmadaan.

Jhanvi : Yes Didi, you are right. Besides, we have also learnt in Iriyavahiyam Sootra that fire itself has a life and it is called Teukaay. Teu means Fire and Kaay means Life. Our Parmatma has said that even one spark of fire has innumerable lives in it.

Didi : Yes Jhanvi, so we should avoid such business which involves lots of Hinsaa of Teukaay.

SAY NO TO INGALKAMME

Vankammē

02



Didi : Second Karmadaan is Vankamme. Occupations associated with forests and the timber industry are called Vankamme. Cutting trees, trading in timber, are occupations which harm innumerable living beings

from the plant kingdom. Additionally, they destroy the ecosystem and cause deforestation because of which thousands & thousands of animals & birds become homeless, driving them towards extinction. Hence, we should avoid such occupations.

Karan : Didi, we know that trees and plants have life. They are one sensed living beings (Ekindriya Jeev) & are called Vanaspati Kaay. Our Parmatma has taught us that we should never become a reason for someone's pain, not even a smallest living being like Ekindriya jeev.

Didi : Yes Karan, very good. Let's move ahead.

SAY NO TO VANKAMME

Ṣādikāmmē

03

Didi : The third Karmadaan is Sadikamme.

Occupations which involve the manufacturing of vehicles in wholesale quantities are called Sadikamme. It is the third Karmadaan.

Manufacturing as well as usage of vehicles like cars, trucks, ships, buses, submarines, aircrafts, shuttles, railway compartments, etc. takes the life of innumerable living beings and hence, it is best to avoid an occupation that involves such activities.

Sadikamme involves 2 types of Paap:

01) Jeev Hinsa done in the process of manufacturing of vehicles.



02) Jeev Hinsa involved when innumerable living beings get crushed under vehicles when they are in use.

Didi : I am glad that all of you are listening so carefully.

SAY NO TO SADIKAMME

Bhādikāmmē

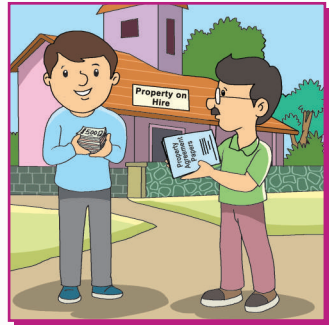
04

Rohan : Yes Didi, that's because our Parmatma guides and advices us for the benefit of our Soul.

We are all his children and thus we want to follow his footsteps & live a life full of compassion.

Didi : Very Good Rohan. Kids, the fourth Karmadaan is Bhadikamme. Bhadi means giving things on rent and earning rental income.

We should never associate with any occupation where we earn our income by giving things on rent - be it vehicles, houses, godowns, shops, people or animals; because it involves Karmadaan of Bhadikamme. We should always keep in mind that if we give our shops or houses on rent, it should go to the right person and also should take utmost care that no Panchendriya Jeev Hinsa is done in any of our properties.



SAY NO TO BHADIKAMME

Födikamme

05

Didi : Kids, Fifth Karmadaan is Fodikamme. Fodi means to break. Any occupation which involves altering the physical structure of land or water bodies - like cutting through mountains to construct roads, exploding hills for mining and extraction of oil or precious metals, stones and gems, belongs to the category of Fodikamme. In such occupations, infinite living beings are killed, especially the Pruthvikaay Jeev. Hence, it is best to avoid such occupations which involve violence on such a large scale.

Jhanvi : Yes Didi, correct. Such business involves hinsa of water and land beings, which are called Apkaay and Pruthvikaay. So, we should not pursue such occupations.



Didi : Yes Jhanvi, you are right. Our Parmatma Mahavir says, “Mitti Me Savva Bhuesu” which means all living beings are like me, they feel the same pain as I feel. Then, how can we hurt them?

**SAY
NO TO
FODIKAMME**

Dantvanijje

06

Didi : Now, the sixth Karmadaan is Dantvanijje.

Karan : Didi, let me guess. Dant means teeth. So, it should be something relating to animal's teeth.

Didi : Yes Karan, you are very clever. That's right! Occupations which involve dealing in products made from animal bones and tusks are called Dantvanijje. For eg. Trading in items made from elephant tusks, toothpastes & jellies, which contain animal bone powder etc. When we use such products for beauty/personal care/luxury, the companies kill the animals, painfully remove their teeth & bones. This causes immense pain & agony to them. Bhagwan has thus advised us not to get involved in such occupations.

Kids : Yes Didi, We promise to avoid such accessories. How painful it must be for those animals who go through these processes? We will not buy any products made from animal bones and teeth.



SAY

NO TO

DANTVANIJE

Lakkhvanijje

07

Didi : Ok. The trade of products like cosmetics, wax, soap, colours, glue, enamel, etc. is called Lakkhvanijje.

Lakkhvanijje is the seventh Karmadaan. When such items are produced, it involves the death of innumerable Tras Jeev. Hence, we should avoid such business. Kids, do you know, the cosmetics that we use contains animal fats, bone powder, liver oil, etc. To prepare such cosmetics animals are killed.

Similarly, we should also acknowledge that for making body sprays and perfumes, manufacturers use special type of scented body oil like Kasturi, which they extract from deer and Amber from whales.

Jhanvi : Oh! Didi, then we should definitely not use such products.



Didi : Yes Jhanvi. We should make sure to follow the rule of “NO HIT, NO HURT... ONLY LOVE”

SAY NO TO LAKKHVANIJE

Kesvanijje

08

Didi : The eighth Karmadaan is Kesvanijje. So, as the name suggest Kes means Hair. Occupations which involve ripping the hair from animals for luxury, beauty or fashion is called Kesvanijje.

When we remove any animal's hair for our fashion statement or beauty, they undergo unbearable pain and agony. They sometimes even die in this terrible, inhuman act. Because of which, we should never ever indulge in any such business.

And also, for making leather articles like belts, purses, jackets etc. the skins of animals like Sheeps, Lions, Cheetahs, Snakes, Goats, Seals, Leopards etc. is torn off. These poor animals go through intolerable pain.

Rohan : So, we should take care of such small things and restrain ourselves from binding unnecessary karma. It is bad to harm other living beings for our comfort.



SAY NO TO KESVANIJJE

Rasvanijje

09

Didi : The business practice of manufacturing products, which affects the tastebuds of an individual like oil, honey, liquor, meat, leather etc. is called Rasvanijje. Rasvanijje is ninth Karmadaan. Such products involve violence on a large scale. Meat and leather are the reason for inhuman and gruesome death of cows and bulls. Honey, oil, ghee, etc. are the cause of death for innumerable insects and worms. They get attracted with the smell and die in the process of manufacturing the product, as their limbs get stuck in the sticky liquid. Hence, its best to avoid any occupation, which involves the manufacturing of such products.

Karan : Didi, our Dharma even believes in principles of Rasparityag, which means to control our taste bud. It is also a type of Penance. Doing Upvas might be difficult, but doing Rasparityag is easy as compared to Upvas.



SAY NO TO
RASVANIJJE

Viṣvanijje



Didi : Yes
Karan, and infact,

Rasparityag is the real reason behind doing upvas and other forms of penance. Kids, the tenth Karmadaan is Visvanijje. The practice of creating poisonous products, pesticides, insecticides and drugs like opium, etc. is called Visvanijje. These products kill insects, pests and other animals on a large scale, they alter the mental condition of people. Hence, it's best to never indulge in the manufacturing of such products.

Rohan : Didi! “Ahimsa Parmo Dharma” means that Ahimsa is the greatest religion. We all must understand that all jeev have right to live and we should not hurt or kill any living being for our comfort. Didi, we will surely not engross ourselves in any such occupations.

Didi : Very good kids. I am glad that you all remember our Parmatma’s teachings so nicely and throughly.



SAY NO TO
VISVANIJJE



Jantpilankamme

11

Didi : Occupations which involve the crushing or grinding of grains, fruits, seeds on a large scale to produce final products like sugarcane, groundnuts, sunflowers seeds and wheat for oil, juice, extracts etc. is called Jantpilankamme.

Its best to avoid such occupations. Jantpilankamme is the Eleventh Karmadaan.

Jhanvi : At home also while crushing or grinding food items in the mixer or grinder, we should check that there are no small insects in those grains or in the utensils.

While making fruit juices also, first we should peel and cut the fruits carefully before grinding because many times there are tiny worms inside the fruits.

Didi : Yes kids, Jhanvi explained it in a correct way. Our elders also advice us to take utmost care of such things. We should always open and check dried fruits & nuts before eating them.



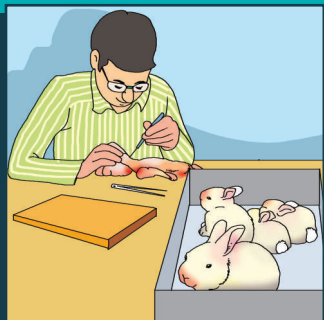
SAY NO TO
JANTPILANKAMME

Nilānchānkāmmē

12

Didi: The twelfth Karmadaan is Nilanchankamme. The occupation which involves piercing the body parts of humans and animals, including the castration of human beings and tests performed on animals in medical laboratories is called Nilanchankamme. We should never get involved in such a painful process of other living beings.

Didi: In the manufacturing process of many beauty products, the testing is done on animals like Frogs, Monkeys, Rats, Rabbits, etc. In laboratories, drops of certain shampoos and chemicals are inserted inside these animals eyes, to test whether its fit for human use or not. Medicines too are often tested on animals, in a cruel way to ascertain, if they are appropriate for human consumption. In this process, animals lose their sight and also have to bear lots of pain. Now kids, you all tell me, if we say that we are vegetarian, can we accept such Hinsa for our pleasure?'



SAY NO TO
NILLANCHANKAMME

Kids : No Didi, not at all.

Dāvaggidāvanyā

13

Didi : The thirteenth Karmadaan is Davaggidavanya.

The occupation of lighting fire which burns farms, forests, fields, garbage on a mass scale is called Davaggidavanya. Lighting fire on a large scale is a very big part of Himsa in itself. Fire itself has life, which is called Teukaay. Besides, when forests are set on fire, many Ekindriya Jeev like water, sand, seeds, leaves etc; Beindriya Jeev like worms, microbes etc; Teindriya Jeev like ants, termites, bugs, etc; Chaurindriya Jeev like flies, mosquitoes etc. & Panchendriya Jeev like mice, cats etc. die.

Pearls and shells are also Ekindriya Jeev. A shell takes thousands of years and goes through tremendous pain to create one pearl. People break the shell to remove the pearl. Is it appropriate to wear these types of pearl ornaments?



Kids : No Didi, such acts never suit Humanity.

SAY NO TO
DAVAGGIDAVANYA

Śaradāh Talāg Pāriṣōṣānyā

14

Didi : The occupation of emptying water from wells, lakes, rivers, swimming pools, evacuating water tanks of society, business of drying down the water in salt pans, etc. and converting river water into drinking water is called Saradah Talag Parisosanya. It is the fourteenth Karmadaan.

Water itself is a form of living being and also contains infinite living beings, tiny organisms, etc. When we indulge in such activities, we become responsible for the death of all these organisms. There is also moss formed on water, which has infinite living beings in it.

Karan : Oh! Didi, I never knew all this. Our Parmatma Mahavir says, we should take care of even a minute living being. We should not indulge ourselves in such types of business. If we can feel the pain of these living beings, how can we hurt them?



SAY NO TO
SARADAH TALAG PARISOSANYA

Asaejan Posanya

15

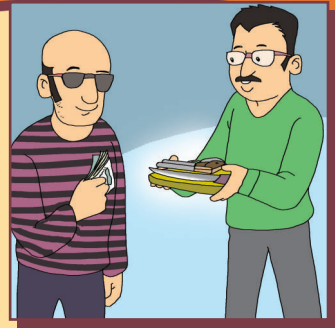
Didi : Now kids, the fifteenth and last Karmadaan is Asaejan Posanya.

The occupation of supporting and rearing unethical and criminal activities like militant groups, terrorist organizations for personal gains, supplying violent animals, slaves and dancers for business gains is called Asaejan Posanya.

All these unethical occupations are the cause of immense paap and instill inhuman qualities in us. We should never participate in such business for any gain.

Jhanvi : Yes didi, I have decided that I will never indulge in these 15 types of occupations for my personal gains or for my comfort and luxury. I am thankful to Parmatma for teaching us the art of living. He has saved us from binding such grave Karmas.

Rohan : Yes didi, infact all of us will stay away from these 15 Karmadaan while making our career choices in the future.



SAY NO TO
ASAEJAN POSANYA

Match the following Karmadaan with its meaning

Business

Meaning

- | | |
|-------------------------------|------------------------------------|
| 01. Ingalkamme | A. Manufacturing Vehicles |
| 02. Vankamme | B. Soap, Colour, Glue |
| 03. Sadikamme | C. Cutting through Mountains |
| 04. Bhadikamme | D. Honey, Ghee, Liquor |
| 05. Fodikamme | E. Crushing & Grinding Seeds |
| 06. Dantvanijje | F. Lighting forest fire |
| 07. Lakkhvanijje | G. Cutting trees |
| 08. Keshvanijje | H. Emptying wells & lakes |
| 09. Rasvanijje | I. Animal Testing |
| 10. Visvanijje | J. Property on Rent |
| 11. Jantpilankamme | K. Pesticide, Insecticide |
| 12. Nillanchankamme | L. Supporting Terrorist Activities |
| 13. Davaggidavanya | M. Iron smith, Potter |
| 14. Saradah Talag Parisosanya | N. Animal Fur |
| 15. Asaejan Posanya | O. Animal Tusks & Bones |

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*A small but
Excellent thought...*

"Open Your Eye"

And

"Close Your I"



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